

JB's Guitar School Monthly Practice Log

A practice log is a very powerful tool... if used properly! It will help cut your learning time dramatically.

The idea is to write down everything you are working on and fill in your daily activity.

Setting Small Goals—the Key to Success!

It is very important to know exactly what it is you want to achieve. It is also very wise to set real small and very simple goals. It's all very well saying you want to be the best player in town, but how do you get there? The answer is by setting small, easily achievable and realistic goals. These small, easily achievable goals become your stepping-stones to success.

You break your large goal down into it's smallest component parts.

A small goal, (for someone starting out) may be, "to be able to change between a C and a G chord smoothly and quickly." So you would write that down as one of your goals. It may be "to learn the names of the notes on the fretboard." So you write that down.

A goal for a more experienced player may be "to learn all the C major triads in root inversion on all string sets." Or, "to learn all five minor pentatonic linking patterns."

Small, manageable, easily reachable goals within a relatively short time frame work wonders.

Build Momentum

Thing is. you need to do a little work EVERY DAY on EACH of your goals. That's the key. A little every day is 100 x more powerful than doing something once a week. Doing it every day builds a momentum that propels you forward faster than you thought possible.

My "**Mastering the Basics**" eBook Course will provide plenty of secret tips to help you know exactly what goals to set and how to practice them.

The Monthly Practice Log

You will see a column for your Monthly Goals. This where you write down what you are working on.

The other columns are for the day of the month - numbered from 1 - 31 for the days of the month. In each of those columns you'll see a P & T. P is for page number (if you are learning from a book), and T is for the time you spent on that goal for the day.

Decide how much time you want to practice each day, and divide that time between each of your goals. (Don't have too many at the start.)

About the "Mastering the Basics" Course

My course (free with membership to my site) is all about helping you master the basics in record time. About giving you the tools to quickly be able to play any song in any key at any time.

About being able to play HOT lead guitar solos in two or three months instead of years.

Mastering the basics is like building a solid foundation for your new home. Without it, everything else comes tumbling down.

The only real choice for guitar players is to put in the effort to thoroughly learn the basics, or not. Over 95% of guitar players choose the NOT!

These wannabe's spend their lives learning one thing at a time, never learning to **integrate their knowledge for powerful synergistic benefits**. They are always struggling to find the right chord and right notes to play... no matter how many years they have been playing. In the end, their learning process is many times more complicated, time-consuming and confusing compared to simply learning the basics thoroughly in the first place.

It's simple... every day do a little work on the basics - 20-40 minutes of 'targeted and organized practice' a day is all it takes. You **MUST** practice the right things! (Most wannabe's practice the wrong things.)

Sure it costs you some time, but the rewards far outweigh the time put in many hundreds of times over. You will triple your learning speed to enjoy the benefits of being a highly creative player right from day one! You'll even learn how to play lead guitar right from day one. Your creativity will be unleashed in mere minutes instead of years.

Master the Basics NOW! ... DO IT!

Check out the benefits of **Mastering the Basics**...

[CLICK HERE to find out more.](#) (you must be online to access this information.)



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